



Volunteer Role Description Host Group Befriender.

The Jigsaw Befriending Scheme's main purpose is to reduce social isolation of older people in the Mansfield and Ashfield Districts.

The service is aimed at people over 60 years old, living in Mansfield and Ashfield.

As a volunteer host befriender you will report to the Befriending Coordinator.

Key Volunteering tasks:

- To organize, welcome and facilitate a group befriending lunch.
- To offer friendship and support whilst respecting a persons independence and dignity.
- To keep brief written records necessary for the service.
- To attend support meetings.
- To undertake initial induction and training.

Skills and requirements for the role:

- A genuine interest in the wellbeing of older people
- Good listening skills.
- Ability to work in a sensitive and caring manner, with people from a variety of back grounds.
- Ability to use own initiative and work unsupervised.
- To commit to an agreed amount of time on a regular basis.
- To be contactable by mob. telephone.
- A willingness to work within the policies and guidelines of Jigsaw Support Scheme.
- Willingness to undergo an essential Criminal Records Bureau check.
- Willingness to provide 2 references.

Required training:

- A half day service specific training with the Coordinator.
- Completion of induction with the Coordinator.
- Other relevant training will be offered.

Expenses:

These are paid monthly and you will be reimbursed for all reasonable out of pocket expenses related to volunteering, including 25p per mile for car use and parking. Public transport costs and postage etc are also reimbursed on receipt of an appropriate ticket/receipt.

Support:

You will receive a full induction, at least 2 informal support sessions per year with your coordinator and the opportunity to join the **Time2train** program. The Coordinator will also provide ongoing support to ensure your experience is fulfilling and rewarding.